Reheating Directions:

Microwave:

Remove lid and peel plastic film half way from container to allow heat to vent. Place the container on a microwave safe dish. Heat on HIGH for 2 to 3 minutes (depending on if Moroccan Mixed Vegetables are thawed or frozen). Carefully pull back the film (but do not remove) and stir.

Heat on HIGH for 2 to 3 additional minutes. Let stand for 1 minute before serving and enjoying.

Stove-Top:

Remove lid and plastic film from container. Empty contents into a medium saucepan. Cook on medium heat, stirring frequently for 6 to 10 minutes (depending on if Moroccan Mixed Vegetables are thawed or frozen). Let stand for 1 minute before serving.

Food should be reheated to a temperature of 165 degrees Fahrenheit.